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# University of Pretoria Yearbook 2018

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## Psychological interventions 805 (CES 805)

**Qualification** Postgraduate

**Faculty** [Faculty of Humanities](#)

**Module credits** 40.00

**Programmes** [MA Counselling, Exercise and Sports Psychology \(Coursework\)](#)

**Language of tuition** Module is presented in English

**Department** Psychology

**Period of presentation** Year

### Module content

This module focuses on developing the competency of psychological interventions such as therapeutic counselling, career counselling, performance enhancement and sport for development. Interventions will not be limited to the “talking cure” but will include the use of physical activities (e.g., adventure, exercise and sport) as complementary interventions.

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